**Lenten Prayers to be shared at Home**

**Joel 2:12-13**

Yet even now, says the LORD, return with me all your heart, with fasting, with weeping and with mourning; rend your hearts and not your clothing. Return to the LORD, your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love.

Dear Jesus,

On Ash Wednesday and during Lent,

Ashes remind us that we are a small part of God’s creation.

They remind us that we’re no better than anyone,

And they humble us before you and others.

Help us see that you love each of us exactly the same.

Amen

Dear Jesus,

Lent is forty days long to help us remember the forty days you spent in the desert.

Satan tempted you with food, power, and glory,

But you said, “Away with you, Satan!”

Help us say no just like you did.

After forty days, may we be the best “we” can be!

Amen

Dear Jesus,

When you fasted in the desert,

You must have been very hungry.

During this Lenten season, help us fast.

Help us realise that some boys and girls are always hungry.

Maybe by giving up our favourite food or drink or sweets,

We can have an idea of how that feels.

Give us the strength to do this and help us offer up,

This sacrifice to you who sacrificed yourself for us.

Amen

Dear God,

Prayer is the way we talk to you.

Like any awesome parent, you love it when we talk to you.

Forgive us when we forget to pray.

Help us talk to you every day.

Help us always thank you for our blessings,

Praise you for your goodness, and ask you for forgiveness.

Fill us with your Spirit, Lord, so we will listen

And you hear when you speak.

We ask this through your son, Jesus, who taught us to pray.

Amen